

GROUNDHOG DAY

Week 2:
As Happy As We Choose To Be



❖ MESSAGE NOTES ~ February 4, 2024

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Week 2 ~ As Happy As We Choose To Be

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. ~ 1 John 1:9

ABRAHAM LINCOLN ~ Most people are about as happy as they choose to be.

... for I have learned to be content in whatever circumstances I am. I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me. ~ Philippians 4:11b-13

*When people do not accept divine guidance, they run wild.
But whoever obeys the law is happy. ~ Proverbs 29:18*

...There is no one righteous, not even one... ~ Romans 3:10b

*Cursed is the one who refuses to keep the words of this law. ...
~ Deuteronomy 27:26a*

God sent Jesus to pay our fines for our sins.

Christ redeemed us from the curse of the law by becoming a curse for us (because it is written, "Cursed is everyone who hangs on a tree") in order that in Christ Jesus the blessing of Abraham would come to the Gentiles, so that we could receive the promise of the Spirit by faith. ~ Galatians 3:13-14

*...God ... loved us and sent His Son to be the atoning sacrifice for our sins.
~ 1 John 4:10b*

Abram believed the Lord, and He credited it to him as righteousness. ~ Genesis 15:6

I have been crucified with Christ, and it is no longer I who live, but Christ lives in me. So the life I now live in the body, I live because of the faithfulness of the Son of God, who loved me and gave Himself for me. ~ Galatians 2:20

Rejoice in the Lord always; again I will say, rejoice! ~ Philippians 4:4

... God is love... ~ 1 John 4:8b

...love is the fulfillment of the law. ~ Romans 13:10b

TRANSITIVE PROPERTY ~ If a=c and b=c then a=b.

**Keeping the Law leads to happiness. Love is the fulfillment of the Law.
Therefore, Love equals happiness.**

Now when the Pharisees heard that He [Jesus] had silenced the Sadducees, they assembled together. And one of them, an expert in religious law, asked Him a question to test Him: "Teacher, which commandment in the law is the greatest?"

Jesus said to him, "'Love the Lord your God with all your heart, with all your soul, and with all your mind.' This is the first and greatest commandment. The second is like it: 'Love your neighbor as yourself.' All the law and the prophets depend on these two commandments." ~ Matthew 22:34-40

For He chose us in Christ before the foundation of the world that we may be holy and unblemished in His sight in love. ~ Ephesians 1:4

Certainly You made my mind and heart; You wove me together in my mother's womb. I will give You thanks because Your deeds are awesome and amazing. You knew me thoroughly; my bones were not hidden from You, when I was made in secret and sewed together in the depths of the earth. Your eyes saw me when I was inside the womb. All the days ordained for me were recorded in Your scroll before one of them came into existence. ~ Psalm 139:13-16

For we are His workmanship, having been created in Christ Jesus for good works that God prepared beforehand so we may do them. ~ Ephesians 2:10

~ TWO VERY PRACTICAL SUGGESTIONS ON HOW TO LOVE YOURSELF BETTER ~

- 1) Change the way you talk to yourself**
- 2) Understand your feelings, but focus on your behavior**

**You don't do what you do because you feel the way you feel.
You feel the way you feel because you do what you do.**

Then the Lord said to Cain, "Why are you angry, and why is your expression downcast? Is it not true that if you do what is right, you will be fine? But if you do not do what is right, sin is crouching at the door. It desires to dominate you, but you must subdue it." ~ Genesis 4:6-7

In everything, therefore, treat people the same way you want them to treat you, for this is the Law and the Prophets. ~ Matthew 7:12



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